ROLE OF NIDAN PARIVERJANA IN COMMUNITY OPHTALMOLOGY W.S.R. TO W.H.O. GUIDELINES.

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**ABSTRACT**

This article is based on deference between services, facility and level of education provided by developed and developing countries. Above qualities of countries proves the impact on percentage of blindness. Also it shows how does the minor causes which can be easily preventable by some extra efforts taken by government, doctors, teachers and any educated person living in this country. Can made their country free from blindness foreverly or help to reduces the rate of blindness certainly.

**INTRODUCTION**

In developing countries like America, Japan etc the reason for Blindness are age related macular degeneration, Glaucoma, cataract, etc are main causes and Least percentage of blindness due to Infection. Injuries but vice a versa in undeveloped Country like India, Asia etc. The reasons of blindness are infections, injuries, deficiency diseases like xerophthalmia due to lack of adequate amount of Vit-A are the major cause of blindness.

In India every year number of people lost their vision due to negligence Carelessness unhygienic, in various facts. It is very important to give attention over these facts.

**OBJECTIVES**

Unhygeinous using same towels between family members, handkerchief, shearing these things can spread Infection from one to another.

Infectious disease like trachoma by chlamydia albicans, srede and due to negligence to cure infection causes Blindness. Also using single surmasticks by multiple family members. Also
traditional way to spared infections.

Also now a day incidence of road accidents increases day by day due to poor traffic facility in various area of India. Accidents can causes very sever eye injuries to many ocular structures like cornea, Iris, vitreous, Retina etc can causes blindness most of time.

Deficiency diseas like Xerophthalmia is also causes blindness due to anadiqueat.

Vit-A deficiency by parents careless attention towards their full diet and vaccination.

Also in countries like India facility provided by government about cataract surgery camp, Glaucoma screening, are not enough to prevent blindness, due to lack of service provided by expert ophthalmologists.

All above discussion explains how the minor causes can increases the rate of blindness in contries like india.

CONCEPT
Hence it is every ones responsibilty to take care at its personal level to help The global initiative taken by W.H.O. that is vision 2020 Right to Sight.

SUGGESTIONS
TRCHOMA BLINDNESS is preventable by improved facial hygiene. use antibiotics for acute infection. Improved access to water and sanitation.

Childs blindness can prevent by giving measles vaccination also vit-A supplementation taking care during labour by maintain aseptic conditions to prevent new born from conditions likeopthalmoneonatrum. also promoting eye health programming in school and screening for refractiveerrors.

Cataract blindness can easily preventing by increasing rate of cataract surgery by expert ophthalmologist. in affordable and accessible service provided by government and any other social sansthas working for community health.

Glaucoma blindness can prevented by OPPORTUNISTICS GLAUCOMA SCREENING BY TONOMETRY AND FUNDUS EXAMINATIONS BY EXPERTS.
Also maintain records of suspected persons like family history of glaucoma or diabetic patient having age more than 35 years.

**Eye injuries** blindness is prevented by using goggles during bike driving, in working over farms, to protect injuries by vegetative matters and preventing fungal keratitis.

Taking all precautions by worker those working in various factories and industries. Preventing eye injuries to educate them to avoidance of ocular trauma. From all above discussion one things is clear in our mind that our GRET ACHARYA MAHARSHI SUSRUTA IN LONG LONG YEARS AGO, SUSRUTACHARYA NOTED IN HIS SAMHITA THAT

“SANGKSHEPATHA: KRIYAYOGO **NIDANPARIVARJANAM** || SU.UTR 1/25.

**CONCLUSION**

NIDANPARIVARJANA means avoid those causes by which eye disease can introduce.

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