

APPLICATION OF MORINGA OELIFERA AND TERMINALIA CATAPPA GUM AS DRUG BINDER

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Article Received on
06 Oct. 2017,

Revised on 27 Oct. 2017,
Accepted on 18 Nov. 2017,
DOI: 10.20959/wjpr201716-10101

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ABSTRACT

Natural sources such as mucilages and gums possess good binding properties and can be used as binder for tablets. *Moringa oelifera gum (MOG)* and *Terminalia catappagum (TCG)* both secrete gum with good adhesive property. The present study is to compare the drug release capacity of *Moringa oelifera gum (MOG)* and *Terminalia catappagum (TCG)* using paracetamol tablet. Various properties of the prepared drugs were studied. TCG was found to release faster than MOG. Various properties of the prepared drugs were studied and the results tabulated. TCG was found to release faster than MOG. Based on the studies done, we found that *Terminalia catappagum* can be used

as a binder for fast releasing drugs and *Moringa oeliferagum* has the potential of being used in slow releasing GIT drugs.

KEYWORDS: Gum, *Moringa oelifera*, *Terminalia Catappa*, Tablet.

INTRODUCTION

Moringa oelifera belongs to Moringaceae family^[1] and is commonly known as Murungai in Tamil. It is a medium sized tree and grows up to 8m. The wood is soft. It grows from Himalayas to the Southern part of India, Thailand, Pakistan, Sri Lanka, Africa, Central & Southern America. The plant has been used in traditional medicine for treatment of inflammation, cardiovascular, gastrointestinal, hematological and hepatorenal disorders. Tree of over 5 years produces gums from its nodes. These are semisolid resins which turn hard upon drying. The gum used for dental caries, astringent and in blood pressure. The gum possesses excellent adhesive properties.

Terminalia catappa also called as Indian Badami is a tall deciduous and erect tree reaching a height of 10-20 m. Whorls of nearly horizontal, slightly ascending branches spaced 1-2 m apart in tiers, or storeys, up the trunk.^[2] The leaves have been shown to protect against acute liver injury produced by some hepato-toxicants. In Taiwan fallen leaves are used as herb to treat liver diseases^[3] and a potential in the management of sickle cell disorders.^[4]

The present study is to compare the drug release capacity of *Moringa oelifera* gum (MOG) and *Terminalia catappa* gum (TCG).

MATERIALS AND METHOD

Collection of gum: *Moringa oelifera* gum (MOG) and *Terminalia catappa* gum (TCG) were procured from local market and were washed in clean water. 50g of the gum were soaked in 250ml of water for 12 hours. They were then boiled at 121°C for 1h and were then homogenised. The homogenised mixture was then filtered using muslin cloth and dried at 40°C in hot air oven. This was then powdered and used for further studies.

Formulation of tablets: Dispersible tablets of paracetamol were prepared by wet granulation technique using MOG and TCG mucilage powder at concentration of 5 and 10%. All the ingredients were weighed and passed through Size 40# sieve. The mixture was blended in a double cone blender for 20mins and was compressed on a Cadmach single-stroke punch machine.

Table. 1: Composition of tablet.

Ingredients	MOG		TCG	
	MOG1 5%	MOG2 10%	TCG1 5%	TCG2 10%
Paracetamol	100	100	100	100
Lactose	80	70	80	70
Sodium starch glycolate	10	10	10	10
Gum	10	20	10	20

Evaluation of dispersible tablets

Tablets were evaluated for their thickness, bulk density, tapped density, disintegration time and dissolution. In weight variation test, twenty tablets were randomly selected and average weight was determined using an electronic balance. Thickness of tablet was determined by using Vernier calliper. To measure wetting time of tablet, a piece of tissue paper was folded twice and placed in a small Petri dish containing sufficient water. A tablet was kept on the

paper and the time for complete wetting of tablet was measured. Disintegration time was determined using USP tablet disintegration test using 900 ml of distilled water at 37°C.

Disintegration and wetting time studies

The disintegration time and wetting time of the tablets was determined using phosphate buffer solution at pH 5.8 at 37±0.5°C.

Dissolution Study

In vitro release of paracetamol from tablets was monitored by using 900 ml of SIF (phosphate buffer solution, pH 5.8) at 37±0.5°C and 75 rpm using programmable Paddle type dissolution tester. Aliquots were withdrawn at 5-minute time intervals and were replenished immediately with the same volume of fresh buffer medium. Aliquots, following suitable dilutions, were assayed spectrophotometrically at 274 nm.

RESULTS AND DISCUSSIONS

The gum was slightly soluble in water and was practically insoluble in ethanol, acetone and chloroform. A 1% w/v solution of MOG and TCG in water showed a pH of 6.5 and 6.8, which is near to the neutral pH. This suggests that both the gum may be less irritating to the GIT, when used in the uncoated tablets.^[5]

Various properties of the prepared drugs were studied and the results tabulated. TCG was found to release faster than MOG. This may be due to the adhesion capacity of *Moringa oelifera* gum.

Table. 2: characteristics of prepared tablets.

Samples	Thickness (mm)	Bulk density (g/ml)	Tapped density (g/ml)	Disintegration time (min)
MOG1 5%	4±1.4	0.354	0.482	4.37
MOG2 10%	4±0.8	0.320	0.468	5.35
TCG1 5%	4±1.1	0.382	0.473	3.48
TCG2 10%	4±1.2	0.348	0.454	4.17

All the characterization parameters for the prepared granules using different concentration of binders were found to be within the acceptable limit. This reveals that the granules are having good flow properties and suitable for tableting. The prepared granules were then compressed to form tablets and these tablets were evaluated by the different parameters as given in Table 1. All the batches of tablets exhibited good content uniformity. The disintegration time of

tablet was found to increase with increase in the concentration of mucilage. The dissolution studies were performed by using paddle type apparatus at 50 rpm in a phosphate buffer medium of pH 5.8 at $37 \pm 0.5^\circ\text{C}$ at the predetermined interval of time. TCG was found to release drug in short interval while, MOG slowly released drug. The percentage of dissolution of drug is shown in Fig.1

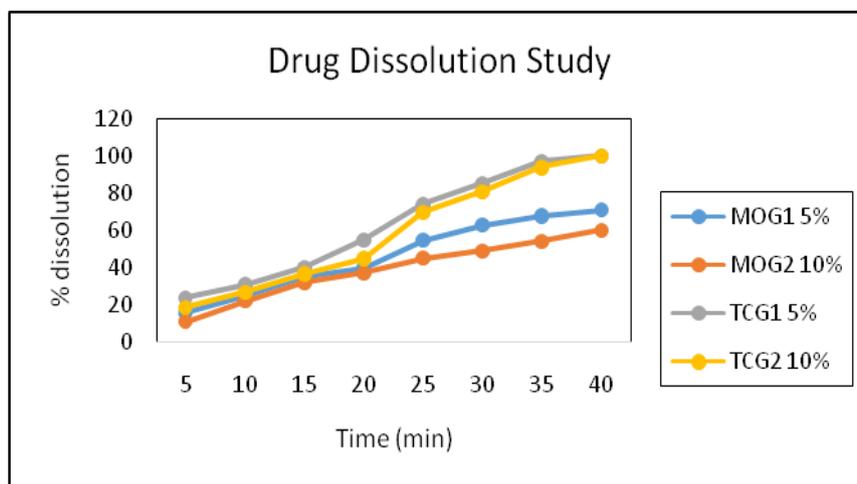


Figure. 1: Drug Dissolution.

CONCLUSION

Based on the studies done, we found that *Terminalia catappagum* can be used as a binder for fast releasing drugs and *Moringa oeliferagum* has the potential of being used in slow releasing GIT drugs.

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