

A REVIEW OF THE SYNONYMS AND RASAPANCHAKA OF CHAKRAMARDA (*Cassia tora* Linn.) FROM VARIOUS NIGHANTOOS

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ABSTRACT

Medicinal plants are the only affordable and accessible source of primary health care for the rural society, especially in the absence of access to modern medical facilities. It is estimated that about 80% of the world population residing in the vast rural areas of the developing and under developed countries still rely mainly on medicinal plants. A large number of plants are used by folklore and Ayurvedic practitioners in India for treatment of cuts, wounds and burns. Chakramarda (*Cassia tora* Linn.) is one of the most important plant which have been vividly described almost in all the *nighantoo*s due to its high medicinal properties. In this review work we have tried to mention the various synonyms and *rasapanchaka* described in

different *nighantoo*s. This work will be helpful to identify this drug in different synonymous form.

KEYWORDS: *Chakramarda, Nighantoo, Rasapanchaka.*

INTRODUCTION

Ayurveda is the oldest sciences of medicine and depicts a holistic way of wellbeing. Here the plant Chakramarda (*Cassia tora* Linn.) have been mentioned by Acharya Charak in Charak Samhita, Sutrasthana chapter 3 i.e. Aaragwadhiya adhyaya in the 32 siddhatam churna and pradeha with the name of Adgaja and prapunnada for local application in kushtha, kandu etc. skin diseases. Kustha and Kanduu are the closely related to each other as most of the Kusthas are associated with Kanduu. The incidence of the dermatological problems is about 30% of all

the medical problems seen in practice and for treatment of all these dermatological problem the chakramarda is the best drug.

MATERIALS AND METHODS

In the present work thorough study of the drug, Chakramarda (*Cassia tora* Linn.), have been done through the different nighantoos. An attempt have been made to compile all the synonyms and rasapanchaka mentioned in different nighantoos. The following under mentioned nighantoos have been studied for the present work.

- 1) Dhanavantari Nighantu (DN) (10th - 13th Cent.)
- 2) Madanapala Nighantu (MPN) (14th Cent. A.D.)
- 3) Kaiyadeva Nighantu (KDN) (15th Cent. A.D.)
- 4) Bhavaprakash Nighantu (BPN) (16th Cent. A.D.)
- 5) Raja Nighantu (RN) (17th Cent. A.D.)
- 6) Shaligrama Nighantu (SGN) (19th Cent. A.D.)
- 7) Priya Nighantu (PN) (20th Cent. A.D.)
- 8) Shankar Nighantu (SN) (20th Cent. A.D.)
- 9) Nighantu Adarsha (NA) (20th Cent. A.D.)

RESULTS

Sankrita synonyms of the drug Chakramarda (*Cassia tora* Linn.) mentioned in various nighantoos, in tabular form.

Synonyms



S.no.	Synonyms	DN	MPN	KDN	BPN	RN	SGN	PN	SN	NA
1	चक्रमर्द	+	+	-	+	+	+	+	+	+
2	अण्डगज	+	-	-	-	+	-	-	-	-
3	गजाख्य	+	-	-	-	+	+	-	-	-
4	मेषाह्वय	+	-	-	-	+	+	-	-	-
5	एडगज	+	+	-	+	+	+	-	-	+
6	चक्रगज	+	-	-	-	+	+	-	-	-
7	चक्री	+	-	-	+	+	+	-	-	-
8	पुन्नाड	+	-	-	-	+	+	-	-	-
9	पुन्नाट	+	-	-	+	+	+	-	-	+
10	विमर्दक	+	-	-	-	+	+	-	-	-
11	ददुध्न	+	+	-	+	+	+	-	-	+
12	तर्वट	+	-	-	-	+	+	-	-	-
13	चक्राहवा	+	-	-	-	+	+	-	-	-
14	शुकनाशन	+	-	-	-	+	+	-	-	-
15	दृढबीज	+	-	-	-	+	+	-	-	-
16	प्रपुन्नाट	+	-	+	+	+	+	-	-	-
17	खर्जूरघ्न	+	-	-	-	+	+	-	-	-
18	मेषलोचन	-	-	-	+	-	-	-	-	-
19	पद्माट	-	-	-	+	-	-	-	-	-
20	क्षोडक	-	-	+	-	-	-	-	-	-
21	आवर्तक	-	-	+	-	-	-	-	-	-
22	चक्रिका	-	-	+	-	-	-	-	-	-
23	पमाड	-	-	+	-	-	-	-	-	-
24	मेषकुसुम	-	-	+	-	-	-	-	-	-
25	प्रपुन्नट	-	-	-	-	-	+	-	-	-
26	मर्दक	-	+	-	-	-	-	-	-	-
27	मेघकुसुम	-	+	-	-	-	-	-	-	-
28	कुष्ठकृन्तन	-	+	-	-	-	-	-	-	-
29	मेषाक्षी	-	-	-	-	-	+	-	-	-
30	कुसुम	-	-	-	-	-	+	-	-	-
31	प्रपुन्नल	-	-	-	-	-	+	-	-	-
32	अडगज	-	-	-	-	-	+	-	-	-
33	एडहस्ती	-	-	-	-	-	+	-	-	-

34	प्रपुन्नाड	-	-	-	-	-	+	-	-	-
35	चक्रमर्दक	-	-	-	-	-	+	-	-	-
36	खज्जुघ्न	-	-	-	-	-	+	-	-	-
37	उरणाख्याक	-	-	-	-	-	+	-	-	-
38	प्रपुन्नड	-	-	-	-	-	+	-	-	-
39	चकौडा	-	-	-	-	-	-	-	+	-
40	चकवड	-	-	-	-	-	-	-	+	-
41	पवाड	-	-	-	-	-	-	-	+	+
42	पमार	-	-	-	-	-	-	-	+	-
43	सैडगज	-	-	-	-	-	-	-	-	+
44	पवान्ड	-	-	-	-	-	-	-	-	+

Here; "+" sign denotes "mentioned" and "--" denotes "not mentioned"

RASAPANCHAKA

Guna: Guna of the drug Chakramarda (*Cassia tora* Linn.) mentioned in various nighantoos, in tabular form.

S.No.	Guna(गुण)	DN	MPN	KDN	BPN	RN	SGN	PN	SN	NA
1.	गुरु	-	-	-	-	-	-	-	-	-
2.	लघु	-	-	-	-	-	-	-	-	-
3.	शीत	-	-	-	-	-	-	-	-	-
4.	उष्ण	-	-	-	-	-	-	-	-	-
5.	स्निग्ध	-	-	-	-	-	-	-	-	-
6.	रुक्ष	-	-	-	-	-	-	-	-	-
7.	मन्द	-	-	-	-	-	-	-	-	-
8.	तीक्ष्ण	-	-	-	-	-	-	-	-	-
9.	पिच्छिल	-	-	-	-	-	-	-	-	-
10.	विषद	-	-	-	-	-	-	-	-	-
11.	स्थूल	-	-	-	-	-	-	-	-	-
12.	सूक्ष्म	-	-	-	-	-	-	-	-	-
13.	मृदु	-	-	-	-	-	-	-	-	-
14.	कठिन	-	-	-	-	-	-	-	-	-
15.	श्लक्ष्ण	-	-	-	-	-	-	-	-	-
16.	खर	-	-	-	-	-	-	-	-	-
17.	स्थिर	-	-	-	-	-	-	-	-	-

18	सर	-	-	-	-	-	-	-	-	-
19	सान्द्र	-	-	-	-	-	-	-	-	-
20	द्रव	-	-	-	-	-	-	-	-	-
21	सुगन्ध	-	-	-	-	-	-	-	-	-
22	दुर्गन्ध	-	-	-	-	-	-	-	-	-
23	कर्कस	-	-	-	-	-	-	-	-	-
24	हीन	-	-	-	-	-	-	-	+	-

Rasa: Guna of the drug Chakramarda (*Cassia tora* Linn.) mentioned in various nighantoos, in tabular form.

S.No.	Rasa (रस)	DN	MPN	KDN	BPN	RN	SGN	PN	SN	NA
1	मधुर	-	+	+	+	-	+	-	+	+
2	अम्ल	-	-	-	-	-	-	-	-	-
3	लवण	-	-	+	-	-	-	-	+	-
4	कटु	+	-	-	+	+	-	-	-	+
5	तिक्त	-	-	-	-	-	-	-	+	-
6	कषाय	-	-	-	-	-	-	-	-	-

Vipaka: Vipaka of the drug Chakramarda (*Cassia tora* Linn.) mentioned in various nighantoos, in tabular form.

S.No.	Vipaka (विपाक)	DN	MPN	KDN	BPN	RN	SGN	PN	SN	NA
1	मधुर	-	+	-	-	-	-	-	-	-
2	अम्ल	-	-	-	-	-	-	-	-	-
3	लवण	-	-	-	-	-	-	-	-	-
4	कटु	-	-	-	-	-	-	-	+	-
5	तिक्त	-	-	-	-	-	-	-	-	-
6	कषाय	-	-	-	-	-	-	-	-	-

Virya: Virya of the drug Chakramarda (*Cassia tora* Linn.) mentioned in various nighantoos, in tabular form.

S.No.	Virya (वीर्य)	DN	MPN	KDN	BPN	RN	SGN	PN	SN	NA
1	उष्ण	-	-	-	+	-	-	-	+	-
2	शीत	-	-	-	+	-	-	-	-	-

DISCUSSION AND CONCLUSION

The present review have been done with the aim to compile the various synonyms of the drug Chakramarda (*Cassia tora* Linn.) as well as its rasapanchaka (Ayurvedic properties) mentioned in different nighantoos, so that if the drug is found in any text with its synonyms then it can be easily interpreted and understood and moreover its most of the synonyms depicts its qualities as well as physical appearance and sometimes its therapeutic actions like Chakramarda(which destroys ring worm), Dadrughna (which destroys dadru), Mesalochana (like eyes of ram) etc. It is seen that only Dhanavantari Nighantu (DN), Shaligrama Nigantu (SGN) and Raja Nighantu (RN) have mentioned most of the synonyms while Kaiyadeva Nighantu (KDN), Priya Nighantu (PN) and Shankar Nighantu (SN) have overlooked most of the synonyms. Chakramarda as synonym have been mentioned by all nighantoos except Kaiyadeva Nighantu (KDN). Dhanavantari Nighantu (DN) did not mention '*mesalochana*' as its synonym. Bhavaprakash Nighantu (BPN) selectively mentioned few important synonyms of Chakramarda (*Cassia tora* Linn.) like *Edagaja*, *Chakri*, *Punnata*, *Prapunnata*, *Dadrughna*, *mesalochana*, *Padmata*, etc. Madanapala Nighantu(MPN) exclusively mentioned synonyms like *Chakramarda*, *Edagaja*, *Dadrughna*, *Mardaka*, *meghacusuma*, *Kusthakrintana* etc. And lastly the Nighantu Adarsha (NA) has mentioned following synonyms viz. *Chakramarda*, *Edagaja*, *Punnata* and *Dadrughna*. Hence it is clear from the above discussion that *Chakramarda* as a synonym has been mentioned by almost all the nighantoos and thereafter *Edagaja*, *Punnata*, *Prapunnata*, *Chakri*, *Dadrughna* have also been mentioned with priority by different nighantoos.

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