

“ROLE OF BHRUHATIFHAL DWIHARIDRA IN VAGINAL ITHCING”

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ABSTRACT

Women the bearer of new life, root of family, she has to punctuate many functions like, achievement of conception, child birth etc, this physiological changes make her more prone to pathologic disorders. That is why reproductive health is just as importance as others aspects of health. In classics for the management of *YONIKANDU* the *sthanik chikitsa* (local treatment)i.e. fumigation has been mentioned and is effective in curing the diseases but how these drugs act has not been mentioned, as vaginal administration of gain recognition as a potential route for drug delivery that's why it is important to pay attention that how the drug act through vagina.

KEYWORDS: *yonikand*, *sthanik chikitsa*, drug delivery.

INTRODUCTIO

The female body is one of the natures most wonderful and complex creation. In *Samhita* for the management of various gynaecological disorders, the local treatment i.e. drug administration through vagina has been mentioned,. vaginal route can be used for local as well as systemic effect, attaining sustained therapeutic levels composed to conventional oral route.

ABSORPTION OF DRUG

Vagina is preferred as a route for delivery because of its anatomical position which favors secure retention of vaginal formulations.

Drugs which are used in fumigation are

- *TIKTA, KATU, RUKSHA*

- *KAPHA PITTA SHAMAK*
- *SODHAKA*
- *KLEDASHOSHAK*
- *JANTUHARA*
- *YONIDHOOPAN-*

Medicated smoke is used to sterilize the vulval and vaginal area.

Fumigation creates an aseptic environment, kills microbes and thus prevents infection.

It dilates the blood vessels, helps in oxidation of blood.

Leads to adequate tissue perfusion and oxygenation. Thus reduces inflammation, itching and eliminates infection.

AIM-to study efficacy of *bhrumatifal dwiharidra* in *yonikandu*.

MATERIAL-*bhrumatifal, dwiharidra*, mixed in same amount.

METHODS-The study will be conducted at *ashtang ayurved mahavidyalaya*.

POORVAKARMA

1)Clean the yoni with swab

2)*Yonisnehan* with *tilataila*.

3)Ask patient to sit on wooden chair having hole in between.

PRADHANKARMA

❖ Patient is asked to sit on wooden chair.

❖ The *dhupandrayas* are lit in *dhoopan* apparatus which is placed just below the chair

❖ 200 gms of dry cow dung cakes are burnt in a *sharav i.e. dhoopan apparatus*.

❖ 3 gms of *dhoopandrayas* and ghee (*go ghris*) are to be burnt for five minutes.

❖ The smoke coming out from the *dhoopan* drugs should reach up to the expected genitalia for fumigation.

PASCHAT KARMA

Ask the patient to rest on bed for 5 minutes.

DURATION

Morning and evening twice a day for 10 days.

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