

SHODHAN EFFECT OF VIDANG CHURNA AVACHURNAN ON DUSHTA VRANA: A CASE STUDY

***Dr. Anju Lata**

Lecturer, Shalya Dept. Shri Dhanwantry Ayurvedic College and Hospital, Chandigarh.

Article Received on
29 Sept. 2017,

Revised on 19 Oct. 2017,
Accepted on 09 Nov. 2017

DOI: 10.20959/wjpr201715-10111

***Corresponding Author**

Dr. Anju Lata

Lecturer, Shalya Dept. Shri
Dhanwantry Ayurvedic
College and Hospital,
Chandigarh.

ABSTRACT

A female patient of 60 years attended shalya opd with the complaints of long standing ulcers with maggots on dorsum side both feet. On inspection we saw the lots of slough and pus was there. Vidang churna avachurnan and bandaging done on that dusta varna. Finally with in 30 day patient was successfully treated with this approach without any complication. So the result of vindang churna avachurnan on dusta varna was found quite satisfactory in the present case. In order to establish this fact further study for longer duration and on larger sample is required.

KEYWORDS: Vidang churna, avachurnan, dusta varna.

INTRODUCTION

In Ayurvedic samhitas detail knowledge about disease and their effective remedies are elaborated. Vrana is very common condition we have to deal with everyday practice in Shalya tantra. Vrana^[1] i.e. various types of ulcers and wounds are described in details in all ayurvedic samhitas. Sushruta has widely elaborated various treatment modalities for treatment of vrana, the famous “Shashti upakrama”.^[2] The advances in modern science have also greatly helped the surgeons for treatment of wound. Still sometimes it becomes very tricky and difficult to manage. In Shasti upakrama one of the most important upakrama is vranavachurnan. Vranavachurnan^[3] is local application of churna. As mentioned in ayurveda samhitas, it is a powder of medicines will be spread over the wound.

CASE STUDY

A female patient 60 years attended the opd of shalya tantra with complaints of long standing ulcers with maggots on dorsum side both feet. On inspection we saw the lots of slough and

pus was there. Patient took discrete treatment from outside hospital but she did not get any permanent relief. It was explained to the patient and his attendents about the condition of disease and line of treatment. After that patient admitted and required investigation were done. After cleansing the ulcer vindang chuna sprinkled on that site and bandaging was done properly. With same process daily dressing done and finally after ~ one month ulcer almost healed with healthy granulation.



Figure 1 Pre procedure.



Figure 2 During procedure.



Figure 3 After 20 days of procedure.

DISCUSSION

Vindang churn avachurnan is found satisfactory in the management of dusta varna. Its shodhan effect is quite acceptable. It is also of low cost and easily affordable to patient.

REFERENCES

1. Shastri Ambikadutt, Shusrut samhita edited with Ayurvedatattav sandipika hindi commentary, chikitsa sthanam chapter 1, divi vraniya chikitsa, chaukhambha Sanskrit sansthan, Varanasi, reprint edition, 2010.p1.
2. Shastri Ambikadutt, Shusrut samhita edited with Ayurvedatattav sandipika hindi commentary, chikitsa sthanam chapter 1, divi vraniya chikitsa, chaukhambha Sanskrit sansthan, Varanasi, reprint edition, 2010.p5.
3. Shastri Ambikadutt, Shusrut samhita edited with Ayurvedatattav sandipika hindi commentary, chikitsa sthanam chapter 1, divi vraniya chikitsa, chaukhambha Sanskrit sansthan, Varanasi, reprint edition, 2010.p11.