

A CASE STUDY A CASE OF PHOTSENSITIVITY TREATED WITH HOMOEOPATHIC DRUGS

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INTRODUCTION

Mrs Rama a 66 years old female came to my OPD in Hospital of SHMC & Hospital, Barog Bypass, Kumarhatti, Distt. Solan, on April 05, 2016 for Homoeopathic treatment. Personal details of the patient was obtained through a special 'Case Taking Proforma'.

Chief complaints

Severe itching on both sides of hands with mild fever, fatigue, joint pains since 2 years.

Initial photo of the patient



DATE: 05/04/2016

History of chief complaints

Patient was working in her farm 3 years ago, suddenly she had itching and burning sensation all over the hand. She came home, but burning and itching persisted without relief. She

applied some oil which gave slight relief. Next day she visited her farm again and she had again severe itching and burning on hands. She observed that her problem is increasing whenever she has to go in sun light. She was given many anti-allergic medicines and lotions to apply, all gave temporary relief and whenever she had to go in sun light, she again had the same problem.

When patient visited OPD, the patient has red rashes on the back of hands with cracks and uneven whitish crust.

Patient has less rashes on the palms as compared to the back of the hand. Itching and burning in rashes which get aggravated by sun exposure.

Patient has pain in knee joints since few years, which gets aggravated on climbing stairs or strain on knees. Patient has to take rest during pain.

Personal history

She is youngest among three sisters. She got married at the age of 20 years. Her husband works in a factory and she is a house wife. Patient has lean thin body built and fair complexion.

Physical generals

Appetite: Normal, eats proper food.

Desire: Salty things.

Aversion: Sweets.

Thirst: 5-6 glasses per day prefer to take cold water.

Perspiration: Increased perspiration on face.

Urine: 4-5 times /day, no complaint.

Stool: Once a day/ semisolid.

Thermal reactions: Cannot tolerate hot weather and exposure to sun. It causes anxiety.

Bath: Tap water in summers and lukewarm water in winter.

Sleep: Sleep is disturbed due to her complaints in hands.

Family history

Her both elder sisters are house wives. Both sisters are married & healthy. She has two daughters (One is graduate & married & other is doing graduation.) & a son, who is also graduate & working as a manager in a private company.

Mental generals

She is mild and gentle. Does not get irritated very easily. If she gets angry on anything, she prefers to be quiet instead of quarreling. Depressed, sad due to her physical problems. Feels comfortable with her family members. Weeps when she has itching and rashes in her hands. She feels better after consolation.

Rubrics for repertorisation

1. Mildness
2. Sadness-disease-about
3. Company-desire for-amel. in company
4. Eruptions- sun, from
5. Thirst- water, drinking-cold.
6. Food & drinks -salt- desire
7. Food & drinks-sweets- aversion
8. Face-Perspiration
9. Eruptions- hand- burning
10. Eruptions- hand- itching
11. Pain -knee- motion
12. Pain- knee- ascending stairs, on

me (201)

Mrs Rama Chauhan - Acute Photosensitivity

This analysis contains 384 remedies and 12 symptoms.

Intensity is considered

			phos. ars. sulph. nat-m. sil. plb. carc. nit-ac. sep. mur-ac. staph. carb-v. verat. arg-n. lyc. calc. cocc. ign. merc. alum.																			
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
	Sum of symptoms (sort:deg)		7	7	6	5	5	5	5	5	5	5	5	4	4	4	4	4	4	4	4	4
			13	11	10	11	9	8	7	7	7	5	5	11	10	9	9	8	8	7	7	6
01. MIND - MILDNESS	1	116	2	3	2	3	3	1	2	2	2	1	1	-	2	-	2	2	3	2	-	1
02. MIND - SADNESS - disease, about	1	6	-	-	2	-	-	-	1	-	-	-	-	-	-	-	-	-	-	-	-	1
03. MIND - COMPANY - desire for - amel. in company	1	28	1	1	-	-	1	-	1	-	1	-	-	-	-	2	2	-	-	-	-	-
04. SKIN - ERUPTIONS - sun; from	1	19	-	-	-	1	-	-	-	-	-	1	1	-	-	-	-	-	-	-	-	-
05. STOMACH - THIRST - water; drinking - cold	1	10	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
06. GENERALS - FOOD and DRINKS - salt - desire	1	144	4	1	1	4	1	2	2	2	1	1	-	3	4	3	-	2	1	-	1	-
07. GENERALS - FOOD and DRINKS - sweets - aversion	1	72	2	2	2	1	1	-	1	1	-	-	-	-	-	2	2	1	-	1	2	-
08. FACE - PERSPIRATION	1	153	2	2	2	2	3	1	-	-	2	1	1	3	3	2	3	3	2	3	3	2
09. EXTREMITIES - ERUPTIONS - Hand - burning	1	5	-	-	-	-	-	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-
10. EXTREMITIES - ERUPTIONS - Hand - itching	1	24	1	1	1	-	-	-	1	1	1	1	3	-	-	-	-	-	-	-	-	-
11. EXTREMITIES - PAIN - Knee - motion	1	28	-	-	-	-	2	-	-	-	-	1	-	1	-	-	-	-	2	1	1	-
12. EXTREMITIES - PAIN - Knee - ascending stairs, on	1	17	1	-	-	-	2	-	-	-	-	-	2	-	-	-	-	-	-	-	-	2

Result of repertorisation**Medicines**

ARS.ALB. 13/7

PHOS. 11/7

SULPH. 10/6

NAT.MUR. 11/5

SIL. 9/5

After referring to Materia Medica and thermal relation of the patient, Sulphur was finally selected medicine.

Treatment schedule1st Prescription (05/04/2016)R_x

Sulph. 200 one dose, empty stomach in the morning

Placebo/ B.D. For 1week

Patient was advised to avoid direct sun light.

Follow up 1 (12/04/2016)

Clinical:

Patient was feeling slight decrease in the intensity of itching.

R_x

Placebo/ B.D. for 2weeks

Follow up 2 (26/04/2016)

Clinical:

Very less rashes on hands. Patient told that even going directly in sunlight, itching was there but she had no new rashes.

R_x

Placebo/ B.D. For 3weeks

Follow up 3 (17/05/2016)

Clinical:

Itching and rashes are much better.

R_x

Placebo/ B.D. For 3weeks

Follow up 4 (06/06/2016)

Clinical

Burning on hands better. No new rashes.

R_x

Placebo/ B.D. For 3weeks

Follow up 5 (27/06/2016)

Clinical

No itching in hands.

R_x

Sulph. 200 one dose, empty stomach in the morning

Placebo/ B.D. For 3weeks

Follow up 6 (18/07/2016)

Clinical

Burning disappeared. Patient is not feeling depressed and sad now.

R_x

Placebo/ B.D. For 4weeks

Patient was advised to come for regular follow up.

After treatment**DATE: 18/07/16**

Inference

Photosensitivity was cured after a treatment of three months. Since then patient is not having any problem in working in direct sun light.